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# Application Submission System & Interface for Submission Tracking (ASSIST) Version 2.14.0.7 Release Notes

## New Features

### ***Ability to Submit R01, U01, and Career Development Award Single-Project Applications***

Applicants can now submit R01, U01, and Individual Career Development Award (Ks, excluding KM1 and K12) single-project applications using ASSIST.

Applicants can choose between using ASSIST or continuing to use Grants.gov's downloadable forms or their own institution's system-to-system solution; however, a major advantage that ASSIST offers to applicants is the ability to see errors and warnings before submission.

For more information or for help using ASSIST, refer to the ASSIST [transition timeline](#), Notice NOT-OD-15-098 ([http://grants.nih.gov/grants/ElectronicReceipt/guide\\_notices.htm](http://grants.nih.gov/grants/ElectronicReceipt/guide_notices.htm)), and [ASSIST Online Help](#).